

Confidential Insomnia Report!

Here's The FREE REPORT You Requested!

"KEEP Reading This FREE Report To Discover What Many Doctors Don't Know About RESTLESS LEG SYNDROME. Find Out The Truth About Your Problem And How To Get Rid Of It Once And For All... Without Drugs!"

Inside This Insider's Report, You'll Learn...

- What Many Doctors Don't Know About Restless Leg Syndrome!
- The Hidden Spot Most Doctors Fail To Check As The Cause Of Your Problem!
- Why Taking Pills And Doing Exercises Probably Isn't A Good Idea If You Want To Get Rid Of Restless Leg Syndrome Once And For All!
- Why Only Going To Your Family Or HMO Doctor Could Lead To Years Of Misery And Frustration.
- Why There is No Surgery for Restless Leg Syndrome.
- How To Naturally And Safely Get Rid Of YOUR RESTLESS LEG SYNDROME!

And Much More!

Dear RLS Sufferer,

First of all, congratulations on reading this FREE report! You're going to discover how to avoid years of misery and frustration – the same misery and frustration millions of Americans suffer every day because they don't have this seldom discussed information right in front of them like you do right now!

RLS is a disabling epidemic that is sweeping America as we speak. Many of your family, friends, and co-workers will experience the same leg problems at night as you do because of a number of factors including misinformation and inappropriate care.

That's why this report was written...so keep reading to find out what many doctors don't know about RLS. The truth WILL shock you!

Reading this FREE report may be one of the most important things you've read this year. Why? Because finally, **an authority on restless leg syndrome** is breaking his silence and revealing the shocking truth about this problem that most doctors don't know! The information in this report is vital if you want to avoid years of increasing agony, misery, and frustration. So please read this report from beginning to end. It may end up saving your life as you know it right now!

You see, what's so dangerous about restless leg syndrome is that it's not an injury like a broken bone or a cut or scrape. RLS usually comes on slowly. You may feel that you just had a bad night, or maybe you just brush off the problem thinking it's nothing, and then it slowly builds and builds. Your RLS becomes worse and worse. You become more irritable and start to snap at family and co-workers.

And then one day you realize you just aren't the same person you used to be. And that's when you go to your family doctor to get checked out.

If you were to go to your family or HMO doctor complaining about movement, tingling, or cramping in your legs at night, you'll probably hear something along the lines of....."You probably have restless leg syndrome. Try these meds and if they don't work, we can try some others." Have you seen the side-effects for the latest medication for RLS? How many different medications have YOU tried for RLS???

This is a blaring alarm that your doctor may not be the person to talk to. You see, most doctors do great with general medicine. If you have an ear infection or the flu, medical science **can do wonders!** But when it comes to a condition like **restless leg syndrome**, many doctors just give you medications and send you on your way. They may not have the experience to properly diagnose the true cause of your problem and get rid of your problem for good.

THAT'S RIGHT! MOST DOCTORS DON'T KNOW HOW TO TREAT RLS WITHOUT MEDICATIONS!

RLS is a tricky condition. You see, your RLS can have a number of causes. Some of those causes – like consuming caffeine, eating a large meal, or exercising shortly before bed – can all be easily rectified by making changes! What I am talking about is the RLS that does not seem to have a known cause. Every day, thousands of RLS sufferers make the mistake of going to their family doctors because they don't have the information you're about to read.

Going to your family doctor and taking medications may result in your RLS becoming more severe, and worse yet, you may never get rid of the problem. Don't put yourself at risk for misery, suffering, and the decreased income from missing time from work.

Here Are The Dark Secrets About RLS Medications...

The main problem with the treatments most doctors prescribe for RLS is that they never go after the root of the problem, but focus on the *symptoms*. And when the medications wear off (which they do because the brain habituates to all stimuli), you'll often find they only cover up your problem for a short time and did nothing to fix what's causing your RLS in the first place.

Some doctors give their patients the newest medications on the market like **Requip**. **Some will use an anti-seizure medication such as clonazepam, dilantin, or neurontin (I guess it doesn't matter that in 2004 Pfizer was fined \$430 million for recommending this med off label – that is, what it was NOT intended for).**

AS YOU KNOW, ALL OF THESE MEDICATIONS HAVE SIDE-EFFECTS AND SOME ARE HABIT-FORMING!

1. Restless leg syndrome (RLS) is your body's way of telling you that there is something wrong.

If you are taking pills so you can sleep and more pills to get through a day of work, then you are probably making your problem worse because you've sabotaged your body's only means of keeping you healthy. Obviously, this form of treatment is not a permanent fix because no matter how many pills you take, you'll never get better!

2. These pills can cause dangerous side effects like liver failure, kidney damage, and gastrointestinal hemorrhage.

Trust me on this, these 'side effects' are 100 TIMES WORSE than the RLS you're taking these pills for in the first place!

So, if your doctor is treating you by covering up your RLS with meds...

YOUR Doctor's Treatment Could Be Making Your Problem Worse!

Since none of the treatments your doctor may be giving you are meant to actually correct the true cause of your problem, logic says your condition will only get worse. If you're like most of the long-term RLS sufferers I've talked to, your life has probably become less than it should be.

OK, so you've done the pills. What's next? Not MUCH!

Fortunately for you, if your doctor's treatments fail, it doesn't mean you're incurable...it just means your doctor was looking in the wrong place! The majority of doctors out there tend to get so sidetracked with focusing on the area involved that they overlook something so incredibly obvious it will shock you!

You see, in order for your legs to calm down and for you to go to sleep, your brain has to SLOW DOWN. FOR ANY SENSATION to travel to your brain, it has to find a pathway. In essence, it needs a road to get there just like you need a road to get to your job in the morning.

In your body, this road is called your nervous system. And...

The weird thing about nerves is if you interfere with the nervous system anywhere along its 'road', it can make your legs jump around, cramp, or tingle, and you lose sleep!

I know this may come as a shock to you, but imagine this: If the REAL cause of your RLS were to be found to be treatable and permanently eliminated...then yes, your RLS would disappear.

Imagine how your life will change. You won't have to take those pills anymore! You won't have to worry about all of the side-effects that go along with the meds.

I invite you to relax, close your eyes, and picture in your mind a night and the following day without your bothersome RLS, a day where you could do whatever you want and not worry about extreme fatigue due to lack of sleep. Your legs didn't bother you last night, so you are FULL of energy!

Can you picture that image in your head? What favorite activity are you doing? How healthy and happy do you look? Who are you spending this time with?

Isn't a moment like this what life is all about?

How would you like to make that fantasy into your reality? How would you like to, once and for all, get rid of your RLS and all that goes with it? No more reduced life, no more irritation, no more limitations...just a happy, enjoyable, worry-free life.

Hello. My name is Dr. R. Ned McArthur

I've spent years helping patients who suffer from chronic RLS discover the truth about their problem and also ELIMINATE their RLS naturally without any drugs!

That's why I put together this valuable, FREE report. Frankly, I got sick and tired of seeing people just like you suffering through a lifetime of misery because no *one* ever bothered to reveal to them the truth about their condition!

In fact, since I've been helping people just like you eliminate their RLS, I've focused a majority of my practice and skills at helping patients with neurological conditions!

There is really nothing more pleasing than helping people just like you finally able to sleep through the night and living life on their own terms once again!

That's why I mailed you this FREE report. I want you to know the truth about RLS that almost everyone out there doesn't seem to want you to know. Because I know that chances are great that I can eliminate your RLS!

If you're suffering from constant, bothersome RLS that you don't want to get worse, then there is hope for you to get rid of your problem once and for all!

In fact, I've helped design a quick and easy RLS Evaluation that can determine where your problem is REALLY coming from. In fact, doctors all over the country are now using this method to help RLS sufferers from all walks of life.

But, I have to warn you...It's in your best interest to get your condition evaluated right now because later on, if you procrastinate on this, your condition might deteriorate to the point where I can't help you.

My FREE RLS EVALUATION Is The Best Way To Find Out What's REALLY Causing Your Problem!

If you are currently suffering from RLS, don't procrastinate, just call the office, come on in, and you can get a FREE RLS EVALUATION.

The FREE RLS Evaluation is a series of quick and painless tests that help determine:

1. What is the true cause of your problem?
2. Will it get worse in the future?
3. Is there a way of eliminating the problem quickly and easily?

The test is quick, easy and, most importantly, painless! (It takes about three minutes and doesn't require you to undress or anything like that.)

What's important is that you take a moment now to schedule your RLS EVALUATION, and as I said before, the sooner the better.

If your problem worsens, it may be more difficult to evaluate, take longer to fix, and you may need surgery. So get this test soon.

If time is a problem, we can schedule you at a time convenient for you. (When was the last time a doctor told you this?) How can we do this? Again, the test itself is quick (and painless), so we can most likely fit you in our schedule soon.

What Causes Restless Leg Syndrome?

RLS is USUALLY caused by an over-firing of the upper brainstem. There is an area in the upper brain-stem called the RED NUCLEUS, and when this area over-fires, you end up with RLS!!!

There are three parts to the brainstem: upper, middle, and lower. NORMALLY, the brain fires impulses down to the lower two-thirds of the brainstem, and this lower portion slows down the upper brainstem. When there is a loss of the impulses firing from the brain to the lower brainstem, the upper brainstem will over-fire the red nucleus and the result is... **RESTLESS LEG SYNDROME!!!!**

Due To The Constant Monthly Interest In This Free Community Service, This No Obligation, FREE RLS EVALUATION Will Be Available To You Free Only If You Call By The Date Stamped On The Form.

I hope you've benefited from discovering the truth about RLS that, believe it or not, most doctors aren't even aware of. So get this free second opinion before it's too late!

Remember, you have until the date stamped on the sheet to schedule your FREE RLS EVALUATION. After that, we probably won't be able to see you.

Congratulations on taking responsibility for your own welfare! I look forward to helping you, just as I have helped many others!

Sincerely,

Dr. R. Ned McArthur

P. S. – You must call 801-225-1311 before the date stamped on the certificate for your RLS Evaluation to be FREE. (Worth \$240.00)

P. S. S. – Of course, if you have any questions, give us a call. We'll answer your concerns or any questions you have about your condition, and then you can decide if you want us to look at your problem.